

Dr Stefan J de V Rawlins

Plastic & Reconstructive Surgeon

MBCHB(UOVS) MMED(PLAST)

PRACTICE No: 0254258 MP: 0374547

BTW No: 430261588

ABDOMINOPLASTY

THIS PROCEDURE WILL BE DONE UNDER GENERAL ANAESTHETIC AND WILL TAKE 60 – 90 MINUTES

POST OPERATIVE CARE:

- PAIN MEDICATION ARE ADMINISTERED IN THEATRE WITH AN INTRAVENOUS INFUSION RUNNING INTO YOUR ARM OR HAND
- IF YOU STILL EXPERIENCE PAIN, PLEASE CONSULT THE NURSE ON DUTY
- EAT SOMETHING AT HOME AND START WITH YOUR PRESCRIBED MEDICINE
- YOU WILL BE ABLE TO LEAVE THE WARD WITHIN AN HOUR AFTER THE OPERATION
- PLEASE KEEP THE BANDAGES DRY FOR THE FIRST 3 DAYS. DR RAWLINS WILL REMOVE IT HIMSELF
- MOVE YOUR LEGS AND ANCKLES EVERY HALF AN HOUR
- EMPTY THE DRAIN ONCE A DAY AND KEEP RECORD OF THE AMOUNT EVERYDAY. DR WANTS TO KNOW HOW MUCH FLUID CAME OUT
- WALK LIKE A QUESTION MARK FOR 2 WEEKS AND SLEEP WITH YOUR HEAD AND KNEES LIFTED
- MOST WOMEN START WITH THEIR EVERYDAY ACTIVITIES AFTER 2-3 WEEKS
- MAKE AN APPOINTMENT TO SEE DOCTOR AS SOON AS POSSIBLE
- AVOID THE SUN OR SUNBED FOR ONE YEAR

COMPLICATIONS THAT MAY OCCURE:

- BLEEDING (swelling that grows bigger slowly)
- INFECTION (red, hot wounds and fever)
- SCARRING
- BLOODCLOTS

IF YOU EXPERIENCE ANY PROBLEMS, PLEASE CONTACT DR S RAWLINS ON **0824573766** OR OUR ROOMS ON **(012) 548 0431 / 0872308476**

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