

Dr Stefan J de V Rawlins

Plastic & Reconstructive Surgeon

MBCHB(UOVS) MMED(PLAST)

PRACTICE No: 0254258 MP: 0374547

BTW No: 430261588

MASTOPECSY

THIS PROCEDURE WILL BE DONE UNDER GENERAL ANAESTHETIC AND WILL TAKE 90 MINUTES

POST OPERATIVE CARE:

- PAIN MEDICATION ARE ADMINISTERED IN THEATRE WITH AN INTRAVENOUS INFUSION RUNNING INTO YOUR ARM OR HAND
- EAT SOMETHING AND START WITH YOUR PRESCRIBED MEDICINE
- YOUR BREASTS WILL BE SWOLLEN AND TENDER FOR THE FIRST 48 HOURS
- BREASTS WILL BE COVERED WITH PLASTERS OR BANDAGES AND SHOULD NOT BE REMOVED
- PLEASE KEEP THE BANDAGES DRY FOR THE FIRST 3 DAYS. DR RAWLINS WILL REMOVE IT HIMSELF
- CONTACT DR RAWLINS IMMEDIATELY ONCE BLOOD OCCURS
- STITCHES ARE RESORBABLE AND IF NEEDED WILL BE REMOVED AFTER 14 DAYS AND WILL BE CLOSED WITH ONLY MICROPOROUS PLASTER
- DIRECTLY AFTER THE OPERATION YOU MAY START WITH NORMAL DAILY ACTIVITIES, BUT NO EXCESSIVE EXERCISES
- YOU WILL HAVE TO WEAR A MEDICAL BRA FOR 6 WEEKS
- AVOID UNDERWIRE BRA'S DURING THIS PERIOD
- AVOID THE SUN / SUNBED FOR ONE YEAR
- IF ONE BREAST SUDDENLY STARTS TO BECOME BIGGER AND MORE PAINFUL THAN THE OTHER, PLEASE CONTACT DR RAWLINS IMMEDIATELY AS A HEMATOMA MAY BE THE CAUSE
- PLEASE EVALUATE THE AREOLA EVERY 4 HOURS. THEY MUST BE A PINK-FLESH COLOUR, BUT IF THEY ARE PURPLE-BLACK YOU NEED TO CONTACT THE DR IMMEDIATELY

COMPLICATIONS THAT MAY OCCURE:

- BLEEDING (swelling that grows bigger slowly)
- INFECTION (red, hot wounds and fever)
- SCARRING
- BLOODCLOTS

IF YOU EXPERIENCE ANY PROBLEMS, PLEASE CONTACT DR S RAWLINS ON **0824573766** OR OUR ROOMS ON **(012) 548 0431 / 0872308476**

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